

Track list and description of Born To Love (Album) By Helle Danum

Born to Love is more than a debut album – it's a lifeline spun from melody and memory. It carries the weight of everything I've lived through, and the light I've refused to let go of. These songs were all chosen from longing, hope, and the quiet, stubborn belief that even the deepest wounds can become places where love grows.

Some of the music I wrote with my own hands and heart. Others have walked beside me since childhood – like echoes from another time, whispering truths I wasn't ready to speak until now. Each track holds a piece of me: the girl who found comfort in Billie Holiday's voice, the woman who learned to stand in her own.

This album is both a letting go and a holding close. A love letter to the broken and the brave. If you hear something familiar in it – a feeling, a memory, a moment you've lived – then maybe it's not just my story anymore.

Maybe it's ours.

Born to Love – Track by Track by Helle Danum

My debut album *Born to Love* is a personal journey into the many faces of love – the light and joyful, the deep and painful, the hopeful and healing. Each song on the album tells a part of my story or mirrors emotions that have shaped me. Some are my own compositions; others are jazz standards that have followed me through life. I've chosen them because they touch something real in me – and I hope they will do the same for you.

1. Just Squeeze Me

This song captures the sparkling joy of falling in love – that playful, flirty energy when everything feels new and possible. It reminds me of the times in life when love arrived unexpectedly and made me feel light and alive. I chose it to open the album with a sense of openness and warmth.

2. When You're Smiling

This song has followed me since childhood. It's simple but powerful. In difficult times, I've returned to its message again and again: when we smile at life, sometimes life smiles back. It's about choosing hope, even when it's not easy – and about how something as small as a smile can create connection.

3. Lover, Come Back to Me

This song speaks of longing and the ache of love lost. I've known that feeling – missing someone deeply and not knowing if they'll return. It's raw, a little dramatic, and very honest. Singing it brings me back to times when love was painful, but still worth holding onto.

4. More Than You Know

This ballad is one of the most emotional ones on the album for me, among the songs I didn't write myself. It expresses a kind of love that is quiet but overwhelming — the kind of love you might never fully be able to put into words. I love its intensity and vulnerability. Singing it feels like letting someone see straight into my heart.

5. Love to the World

I wrote this song as a response to darkness. It's a reminder to myself and to others that love is not a weakness – it's a strength. When life feels hard, we can still choose love. That choice can lift us, connect us, and create light where there was none. It's my message to the world: love is always an option.

6. Born to Love

This is the heart of the album – and of me. I chose it for my children, to say in music what I sometimes struggle to say in words: that they are deeply, unconditionally loved. But it's also about something bigger – about believing that we are all created to love and be loved. No matter what we've been through, we carry that capacity within us.

7. Feathers

This song came from a real and almost magical moment in my youth. A stranger spoke to me when I was at a low point and told me that feathers are signs we're being protected. That simple message gave me strength – and it stayed with me. *Feathers* is my way of passing that moment on, I give that feather to you! It's about trust, about unseen support, and about the quiet signs that tell us we're not alone.

8. Do Nothing Till You Hear from Me

This is my little love letter to jazz itself. It swings with elegance and understatement. I love the subtext of the lyrics – that in love, as in life, there's often more going on than meets the eye. It's flirtatious, a bit sly, and full of musical tradition.

9. I Love Paris

Paris was a big part of my youth – a place where I felt free and full of dreams. This song brings back the feeling of walking those streets, discovering beauty, tasting life. It's filled with nostalgia and joy. Singing it is like opening an old diary and remembering who I was then.

10. The Very Thought of You

This song is so tender. It reminds me of what it feels like when just the thought of someone can change your whole mood. Love doesn't have to be grand to be powerful – sometimes it lives in the quiet moments, in someone's absence or presence in your mind. It's a song that feels like a whisper.

11. Are You in Heaven

This song is very close to my heart. I wrote it to my father – to process grief, confusion, and ultimately forgiveness. He was a complicated man, and our relationship was not easy. But over time, I found peace by choosing to forgive. This song is about that journey, and about how even in pain, love can survive. It's one of the most vulnerable songs I've ever written.

12. Come Rain or Come Shine

This one is about loyalty – the kind of love that stays, through everything. It reminds me of the people in my life who've stood by me, and the kind of love I hope to give in return. It's strong, steady, and deeply human. I love singing it because it always reminds me of what truly matters.

13. Under a Blanket of Blue

This is the quiet ending of the album – a gentle, dreamy lullaby of a love song. It makes me think of those rare moments when everything feels still and safe, like lying under the stars with someone you trust. It's a soft landing after a journey through many emotions – a place to rest, to breathe, and to feel held.

Each of these songs holds a piece of me. I hope that when you listen, you'll find your own stories reflected in them – and perhaps be reminded that you are not alone, and that you are deeply loved.