

Helle Danum

Artist Biography



A Journey Through Love, Music, and Self-Discovery

Danish jazz singer and songwriter **Helle Danum** has always used music as her way of understanding the world — and herself. Growing up in a home marked by her father’s alcoholism, music became her safe haven. In the silence and solitude of her childhood, she found a voice — not through words, but through music and singing. Jazz, with its emotional depth and freedom, gave her a language to express what couldn’t be said out loud.

From a young age, Helle felt a deep connection to the voice and story of **Billie Holiday**. After watching *Lady Sings the Blues* as a child, she was captivated not just by Billie’s sound, but by her vulnerability, strength, and raw truth. It was a defining moment — one that sparked Helle’s lifelong journey into jazz and helped her find her own voice in the world.

With the recent release of her debut album, *Born To Love*, Helle invites listeners on a deeply personal journey through love, survival, and emotional transformation. The album blends original songs with carefully chosen jazz standards, each track reflecting a chapter of lived experience. From an up-tempo version of *Lover, Come Back To Me* to the soul-stirring first single *Love To The World*, the music speaks of heartbreak, resilience, and ultimately — hope.

Among the album’s most emotionally powerful moments is the original song *Are You in Heaven* — written as an attempt to reconcile with her past. It’s dedicated to her father, who struggled with his own demons and often couldn’t be the parent she needed. *“But over time, I’ve found forgiveness in my heart — not because it was easy, but because it was necessary,”* Helle shares. The track explores how love can exist even within the most complex relationships. Jesper Løvdal’s raw and soulful saxophone adds a haunting depth that reaches the wound — and begins to heal it.

The album features celebrated musicians such as **Magnus Hjorth** (piano), **Jesper Løvdal** (saxophone), **Thomas Fønnesbæk** (bass), and **Rasmus Kihlberg** (drums), with guest vocals and co-writing by **Katrine Madsen**. Together, they’ve created a warm, swinging, and emotionally rich soundscape that supports Helle’s expressive voice and lyrical storytelling.

With a voice that carries both vulnerability and quiet strength, **Helle invites listeners into an intimate space where love becomes a powerful force for healing and connection.** *Born To Love* is more than just a debut — it’s the sound of a painful past being transformed into something beautiful. A reminder that even after darkness, we can choose light — and even in silence, we can find our own song.

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